



Edge Hill Academy

Believe and Achieve, Shine Everyday
~ Community Newsletter ~



Friday 26th September 2025

What's happening at your school... Read on...

Dear families,

Another Wonderful Few Weeks at Edge Hill!

It's been a busy and exciting time across the school:

Year 3 enjoyed a fantastic parent dinner — thank you to everyone who joined us.

Year 4 celebrated Roald Dahl Day with creativity and fun.

Year 5 have been making great progress in their swimming sessions.

Year 6 wrapped up their Forest School experience with enthusiasm and teamwork.

Our new Year 3s have settled in beautifully — we're so proud of how they've embraced school life.

Take a look at the photos on the next few pages to see all the highlights.

Wishing you a lovely weekend, Mr R

Reminder to Parents: Please ensure that your child's bottle contains water only, not juice. This helps us promote healthy habits and keeps things consistent across school.

EDGE HILL PTA

If you're interested in joining our Edge Hill PTA and staying up to date with what's happening for our children, please click the link below. We'd love to build a strong group of parents to support everything Edge Hill has to offer!

[EDGE HILL PTA FACEBOOK](#)

Attendance so far (up to 26.09.25):

Year 3: 98%
Year 4: 96.9%
Year 5: 97.3%
Year 6: 97.2%

OVERALL: 97.4%

Best attending class so far: Oak 99.8%

WELL DONE OAK!

Children walking independently

Could you please remind your child to stay alert if they walk to school independently, especially near roads.

Parents have reported that some children are running into the road to get past other parents, which poses a serious safety risk.

Thank you for your support in keeping everyone safe.

PTA Coffee Morning

If you're interested in joining the PTA, we'd love to meet you at our upcoming coffee morning on **Monday 13th October at 9:00 AM**. It's a great chance to connect, learn more about what we do, and get involved in supporting our school community.

OUR FACEBOOK PAGE:

www.facebook.com/EdgeHillAcademy
Click here: [\(2\) Facebook](#)

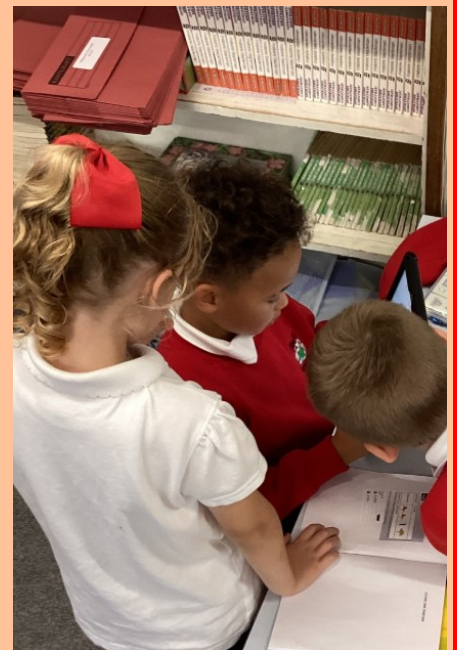
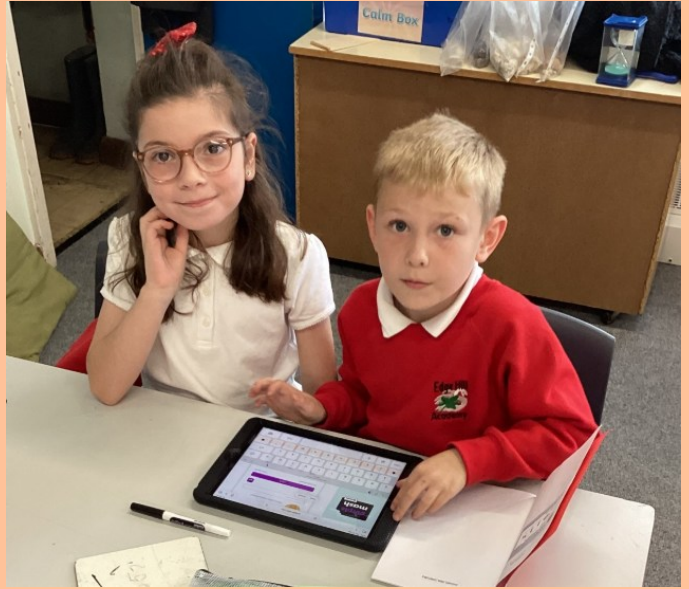
Our WOW Learners: 19.9.25 / 26.09.25

Ash: Joseph H-M / Riley B
Elm: Joshua G / Lily B
Oak: Albie S / Ollie-J H
Elder: Ramyka P / Kit M
Holly: Nadia C / Alex K
Maple: Xander W / Olivia P
Aspen: Charlie C / Ella B
Cedar: Oliwia M / Jayden W
Rowan: Henry S / Amber S
Chestnut: Alana B / Ishwar S / Jenson M
Sycamore: George E / Ethan C / Eva P
Willow: Ruby F / Eric G

Our celebration of weekly
outstanding learners
Edge Hill Academy

Address: Sycamore Road, Stapenhill, Burton-on-Trent, Staffordshire, DE15 9NX
01283 247440. Email: office@edgehill.fierte.org

Year 3 - Ash learning



Year 3 - Elm learning

HISTORY Year _____ Term _____

INTRODUCE
Changes in Britain from the Stone Age to the Iron Age

These periods of time are known as **eras**.

Only objects, burials and monuments tell us about life at that time.

Paleolithic Britain
ANCIENT STONE AGE
10,500 BC
Neanderthals and modern humans used ancient tools to survive the Ice Age.

Mesolithic Britain
MIDDLE STONE AGE
About 1 million years ago
4,500 BC
Hunting and gathering became more sophisticated and communities are thought to have started to become established.

Neolithic Britain
NEW STONE AGE
New Stone Age: from the start of farming and domestication of animals, to the first use of metal.

Palaeolithic
Palaeolithic (ancient) = Palaeo (ancient) people arrived in Britain about 10,500 years ago.
Ice Age - very cold - temporary huts - follow food

Mesolithic
Mesolithic (middle) = Mesos (middle) of a long period.
About 10,000 BC
Britain became an island - warmer
hunter-gatherers

Neolithic
Neolithic (new) = Neo (new) + Lithic (stone)
New Stone Age
Farming
Domestication of animals
The first use of metal

stone tools
fine knapping

Neolithic burials in large tombs - long barrows
cave art

Neanderthals
Homo sapiens too
Small groups of people
Cheddar man



Thursday 25th September - My Turn

This is a recreated picture from the Paleolithic Age.
What do you notice?

800,000 BC



Year 3 - Oak learning



Zones of Regulation



The Zones of Regulation: Helping Children Understand their Emotions

We have introduced The Zones of Regulation across the school to help children learn about their feelings and how to manage them. It teaches self-regulation—knowing how to be in the right "zone" for different situations, like being calm for learning or energetic for play.

What Are the Zones?

The Zones of Regulation organises feelings into groups based around colours.

- **Blue Zone** (Low energy): Sad, tired, bored, sick.
- **Green Zone** (Calm & ready): Happy, focused, content, ready to learn.
- **Yellow Zone** (Heightened alertness): Worried, excited, silly, frustrated.
- **Red Zone** (Very heightened emotions): Angry, out of control, terrified.

Why Teach the Zones?

- Helps children recognise and talk about their and other people's feelings.
- Teaches strategies to help children to know what to do when they are angry, frustrated or face other emotions.
- Encourages problem-solving and self-awareness.


How Can Parents Help?


- You can support this at home by encouraging your child to recognise how they are feeling using the Zones of Regulation.
- Talk about strategies e.g. "I can take deep breaths when I am feeling frustrated."
- Discuss which Zone a character in a story or film might be in.
- Display a Zones chart at home for easy reference.

Remember: All Zones are normal and expected at different times. The goal is to help children recognise their feelings and learn healthy ways to manage them.

WANT TO BE A TEACHER?

Could someone you know be the teacher who inspires the next generation?

 – 29th September 2025: DfE Find opens for applicants to search through teacher training courses.

 – 6th October 2025: DfE Apply opens for applications for a September 2026 start.

<Insert School> are pleased to work in partnership with The John Taylor SCITT to offer local placements and valuable classroom experience to the teachers we need tomorrow, today!

The John Taylor SCITT is an accredited provider of Initial Teacher Training that offers;

- Experience of leading over 400 teachers through to Qualified Teacher Status since 2015.
- 40 Placement schools across the East and West Midlands, in your local area.
- Primary (3-7), Primary (5-11) and Primary (5-11 with SEND Enhancement) routes
- Secondary (11-16) routes in; Art, Biology, Chemistry, D&T, English, French, German, Geography, History, Maths, PE, Physics and Religious Studies.
- All routes can be offered on a PGCE with QTS or QTS Only basis.
- All routes can be studied either on a one-year full time or two-year part time basis.

Discover more and sign up for an upcoming Train to Teach event at: <https://jtscitt.co.uk/>

ZONES OF REGULATION—COFFEE MORNING

Parent Inclusion Coffee Meeting
Monday 10th November at 2.30



Please join us for our Parent Inclusion Coffee Meeting on Monday 10th November at 2.30.

We will be finding out how to support children to regulate their emotions using the Zones of Regulation.

All welcome.

RESTART A HEART DAY



National Restart a Heart 2025

Restart a Heart Day is an annual training event that occurs on or around the 16th October. This event usually sees the collaborative effort of hundreds of clinicians, teachers and volunteers working together to train members of the public with how to perform CardioPulmonary Resuscitation (CPR). This is sometimes referred to as Basic Life Support (BLS) or performing chest compressions.

If you have been fortunate to take part in previous years you will know how much fun this can be. The campaign brings communities together, raising awareness of cardiac arrest and increasing the number of people trained in the UK. Restart a Heart encourages everyone to become ready for the ultimate medical emergency by learning the steps to perform CPR.

The project is now in its 12th year and in 2019 (pre COVID) West Midlands Ambulance Service managed to train over 67,000 children in one day across the region however 2020/21 presented some extraordinary circumstances and as a result we took our efforts online.

Restart a Heart Day 2025 is now rapidly approaching and although we cannot physically attend as many locations as we would like, we will endeavour to engage with as many people as possible to spread the message that CPR can save lives. We hope that you can share this message with the children, colleagues, family and friends. Representatives of West Midlands Ambulance will be in the Community providing an invaluable awareness of how important this life saving skill can be.

Here at West Midlands Ambulance Service, we want everyone to learn this life-saving skill so that you will know what to do if someone collapses with a sudden cardiac arrest. Please visit the below link to find out about Restart a Heart and also find information about our "Little Life Savers" campaign.

[Learn to restart a heart - West Midlands Ambulance Service University NHS Foundation Trust](#)

The benefits of improving bystander CardioPulmonary Resuscitation (CPR) rates are evidenced around the world where the highest bystander CPR rates are directly linked to the highest survival rates from sudden cardiac arrest. Over 68,000 people suffer cardiac arrests outside of hospital in the UK every year. If this happens in front of a bystander who starts CPR immediately before the arrival of the ambulance, the patient's chances of survival **doubles**. You can find some additional information by clicking on this link with the UK Resus Council.

[Restart A Heart Day | Resuscitation Council UK](#)

We want to assure you that we are here to support you and would love to hear about your Restart a Heart day, please share your experiences here.

- Facebook @OfficialWMAS
- Instagram @OfficialWMAS
- X @OfficialWMAS

We hope you can take part and have an enjoyable day.

Cliff Medicott
Regional Community Response Manager



Coming soon...



STAPENHILL SWANS IN THE COMMUNITY



6 WEEKS OF FREE FOOTBALL SESSIONS AT SCHOOLS

ALL EQUIPMENT PROVIDED
QUALIFIED COACHING
LEARN NEW SKILLS
BUILD TEAMWORK
HAVE FUN!



CONTACT NICK W FOR DETAILS 0777XXXXXXX



Fierté Multi Academy Trust

Edge Hill Academy**Autumn term 2025 Events and Information****Forest School (Parents invited into the Forest on a Friday)**

Elm (Ms. Walker): w/c 29th September
Oak (Ms. Holling and Ms. Caulton): w/c 6th October
Ash (Ms. Sangster): w/c 13th October
Holly (Ms. Barrett): w/c 20th October
Maple (Ms. Robinson / Ms O'Neill): w/c 3rd November
Elder (Ms. Wilkinson): w/c 10th November
Cedar (Ms. Gibson/Ms Collyer): w/c 24th November
Aspen (Ms. Grimley): w/c 1st December
Rowan (Ms. Hudson): w/c 8th December

Swimming

Cedar (Ms. Gibson): Wednesday 17th September – Wednesday 10th December

Parents' Lunch

Elm (Ms. Walker): Wednesday 8th October
Oak (Ms. Holling and Ms. Caulton): Wednesday 12th November
Elder (Ms. Wilkinson): Wednesday 3rd December

Parent Workshops

Chestnut (Ms. Butler): Invite to school for workshop: Monday 13th October
Sycamore (Ms. Lloyd): Invite to school for workshop: Tuesday 14th October
Willow (Ms. Barnard): Invite to school for workshop: Wednesday 15th October
Year 3: Invite to school for workshop: Friday 12th December
Year 4: Invite to school for workshop: Tuesday 16th December

Reading Workshop

Led by Ms. Sangster to support parents – Thursday 16th October

Cake and Coffee

Year 3 – Friday 24th October at 9:00am

PTA Discos – 5:30pm – 6:45pm

Year 3/4 – Thursday 27th November
Year 5/6 – Thursday 4th December

Tempest Photography

Wednesday 15th October

Parents' Evening*

Tuesday 21st and Thursday 23rd October (3:40pm – 6:30pm)
*This will be a different date for Maple TBC

Dress up lunch

Friday 24th October

End of half-term

Friday 24th October

**Believe and Achieve, Shine Everyday**